Feminine Muffin Cap

This charming hat was worn by peasants or middle classes. It can be worn alone with the hair tucked up into it, or down in braids.

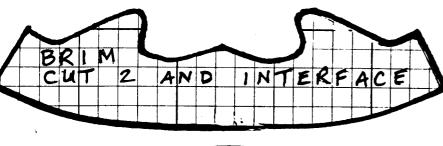
A straw hat can also be worn over it .

Suggested fabrics: Cotton or linen Yardage needed: One yard of fabric

1/4 yard interfacing

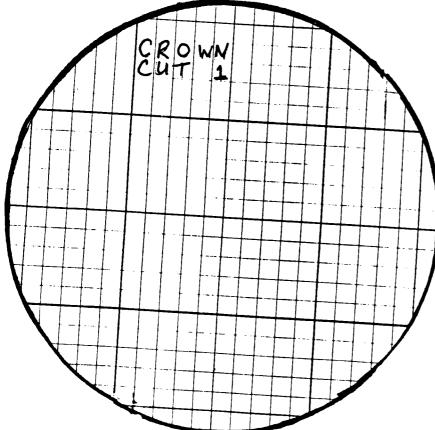
The shape of the brim can be varied to suit the face.







Cut a sample brim out of paper to test the size and shape. Sew sides of the brim piece marked "A" together. Sew both brims together leaving the side where the circle is attached open. Gather the circle to fit brim and attach to one of the brim pieces. Turn the edge of the other brim piece under, enclosing the edge of the circle inside and stitch closed.





More can be learned from the book Elizabethan Costuming for the years 1550-1580 by Janet Winter & Carolyn Savoy