## SELVEDGE 10 =

## CHEMISE

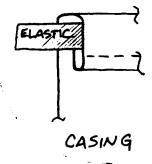
The chemise is a very comfortable, loose fitting garment worn by a man or woman on the upper body, his pattern can be long or short.

Suggested fabrics: cotton muslin or a lightweight cotton blend, white or off-white are the preferred colors. If you use 100% cotton, wash it in hot water and dry it the way you will dry the finished garment because it will shrink a little in the first washing.

Materials needed: 3 yard of 45" wide fabric 1 1/2 yard of 1/4" elastic



Cut the fabric as indicated on pattern pieces in diagram. 1/2" seam allowance is included. Stitch right sides together unless otherwise indicated. Stitch the sleeves to the front and back at the armhole seam. Stitch the underarm seam from the wrist to the hem. Make a casing in the neck and wrists by ironing under 1/4" then 1/2" all the way around. Stitch close to the open edge and leave a 3/4" opening in each casing to thread the elastic through. Cut 2 pieces of elastic the circumference of your wrist plus 1" and thread through the wrist casing with a large safety pin. Thread the remaining elastic through the neck casing. Stitch the ends of each elastic together and stitch the casing closed. Press under the raw edge at the bottom 1/4" then another 1/4" and stitch close to open edge to hem.





More can be learned from the book <u>Elizabethan Costuming for the years 1550-1580</u> by Janet Winter & Carolyn Savoy